

## Sample Cafeteria Menu

The main courses served in our cafeteria change daily, but there is always a choice of a meat, fish, or vegetarian dish. These give you examples of the types of dishes you can expect, but your exact menu will be chosen by our award-winning Chefs.

---

Beef Chilli  
Or  
Sea Bass with a Fennel Salad  
Or  
Stir Fry Vegetables with Cashews

---

Ham Carbonara  
Or  
Crispy Hake  
Or  
Ratatouille with Cheese Scones

---

Spring Chicken Pie  
Or  
Fish Pie  
Or  
Lentil and Bean Quesadillas

---

Spaghetti Bolognese  
Or  
Smoked Haddock with Welsh Rarebit  
Or  
Chinese-style Stuffed Peppers

---

Honey Roasted Ham  
Or  
Haddock in a Mushroom & Chive Sauce  
Or  
Goats Cheese and Sunblushed Tomato  
Quiche

---

Honey Lemon Ginger Chicken  
Or  
Fried Plaice  
Or  
Aubergine, Tomato & Lentil  
Stew with Flat Bread

---

Pork and Leek Sausages with a Red  
Onion and Thyme Jus  
Or  
Scampi  
Or  
Mushroom Ravioli

---

Pork Steaks with a Grain Mustard and  
Apricot Cream Sauce  
Or  
Baked Salmon with a Herb Crust  
Or  
Tofu and Mixed Bean Cassoulet

---

Chicken Fajitas  
Or  
Tilapia Fish with Vierge Dressing  
Or  
Vegetable and Quorn Stroganoff

---

Toad in the Hole  
Or  
Haddock with Lemon & Parsley Butter  
Or  
Potato and Dill Spring Onion Frittata

---