

Registering with a General Practitioner (GP)

The College requires all students to register with a local NHS GP Surgery (General Practitioner Surgery). Registering with a GP in Cambridge does not stop you from consulting your home GP during vacations although you may be asked to complete a temporary resident form on these occasions. Your GP is your main point of contact with the NHS, they treat all common conditions and will refer you on to specialist services within the NHS when required. Some Cambridge GP surgeries are able to support students out of term using remote consulting.

To register at a local GP surgery, you will need the following information:

- NHS number (**International students who have not registered in the UK before will receive an NHS number upon registration with a GP, please keep this number safe.**) If you are not sure of your NHS number then please [check here](#).
- Name and address of your current GP.
- The online registrations for most surgeries require proof of ID, proof of address and proof of immigration status for overseas students. Please read the registration instructions carefully. If you require proof of address and are in college accommodation then you may be able to use your Sidney acceptance letter, if this is not sufficient then contact Tutorial@sid.cam.ac.uk for undergraduates and GraduateOffice@sid.cam.ac.uk for postgraduates.
- Below are the details of the GP Surgeries that are closest to Sidney Sussex and/or close to the lecture sites. If you are living out of college then information on other surgeries can be found [here](#).

GP Surgery	Online Registration information
Bridge Street Medical Centre 2 All Saints Passage (Off Bridge Street) Cambridge CB2 3LS	https://www.bridgestreetmedicalcentre.com/join-the-practice You can start the registration process before you arrive in Cambridge but will still need to complete it once you are here.
Newnham Walk Surgery Wordsworth Grove Cambridge CB3 9HS 2 nd surgery in the City Centre on the 1 st floor of Boots pharmacy.	https://www.newnhamwalksurgery.nhs.uk/new-patients-2 You can only register once you are in Cambridge.
Trumpington Street Medical Practice, 56 Trumpington Street Cambridge CB2 1RG	https://www.trumpingtonstreetmedicalpractice.co.uk/join-the-practice You can only register once you are in Cambridge.

It is very important to prioritise registering with a GP as soon as you can, rather than waiting until you need to see a doctor.

Please ensure that you have at least a 4 week supply of any regular medication when you come to Cambridge.

Dental Care

It is increasingly difficult to register as an NHS patient in Cambridge (as it is across the UK) so we strongly urge you to remain with your home dentist for any routine care regardless of whether you are an NHS or private patient, you also won't want to spend your time in Cambridge trying to find a dentist. If you have not seen a dentist in the last 6 months, then please try to get a check-up before you come to Cambridge or arrange one now for when you are at home in the vacation. If you have an NHS dentist then you should be entitled to free dental care up to the age of 19 whilst in full time education. The NHS recommends that you have a routine check-up every 6 months. Dental conditions that fall under the NHS category of emergency dental care are accessible to all students, both UK and overseas, via the NHS, please note there are charges for this care.

Additional Information for Non-UK Students

Please see link for more information about NHS entitlement as an overseas student:
<https://www.internationalstudents.cam.ac.uk/arriving/healthcare-uk> and direct any queries you have about this to the [International Student Office](#)

Newnham Walk Surgery has some useful links in different languages to information about the NHS and the role of a GP <https://www.newnhamwalksurgery.nhs.uk/new-patients-2> (scroll down the page to find this section)

Long Term Health Conditions

As well as the above, please bring documentary evidence from your doctor (in English) as confirmation for any existing long term health condition including any medication you are taking. Once you are registered with a Cambridge GP you should book an appointment to discuss your health condition.

Ongoing Medication

If you are receiving medical treatment or taking medication, bring a doctor's letter (in English) confirming the treatment and/or any medication you are receiving. If you need ongoing medication in the UK, the GP surgery will explain how they arrange repeat prescriptions. It usually takes 48hrs to obtain a repeat prescription but you need to come with at least a 4 week supply so there is plenty of time to sort out your medication.

Please note that GPs reserve the right not to prescribe certain medication and not all medication from outside the UK is available on the NHS. Your GP will sometimes be unable to prescribe the medication you are taking because it is not used here or because of NHS prescribing restrictions. If you have specialised medication or you are in any doubt, you are advised to bring a full supply with you.

UK phone number

Please be aware that if a GP or other NHS service needs to contact you by 'phone, which happens quite commonly, **you will need a UK phone number** so it is essential to get a UK SIM as soon as possible. Many consultations currently take place by 'phone.
